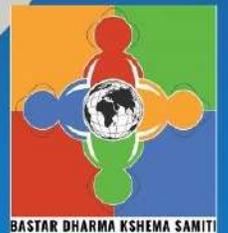


NEWSLETTER

VOLUME - 21 >>>>>



**BASTAR DHARMA
KHEMA SAMITI**

Sangam Bhavan, Metguda, Jagdalpur , CG

Simplicity as a Path to Happiness

In today's world, where success is often measured by how much we own, true peace lies in simplicity. A humble heart finds happiness not in possessions, but in gratitude for what one already has. Life's clutter—whether physical, emotional, or mental—burdens us. By choosing to live simply, we free ourselves from the constant desire for more and open space for joy to enter.

Simplicity allows us to focus on meaningful relationships, lasting values, and acts of kindness, rather than fleeting pleasures. It invites us to grow inwardly and to find fulfillment in helping others. When happiness is no longer tied to material gain or recognition, it transforms into a journey of inner peace and acceptance.

In Bastar, the tribal communities embody this way of life. Despite the growing pressures of modernity, they live with contentment, seldom worrying about the future. Their joy flows naturally from generosity and kindness—giving time, care, and resources without expecting

anything in return. This spirit of humility shows us that true happiness is not in what we receive, but in what we give.

All social work, at its heart, is an effort to bring joy to others. For the past **49 years**, Bastar Dharma Kshema Samiti (BDKS) has been dedicated to this mission—working tirelessly to uplift communities and spread happiness through service.

*Fr. Tiju Mankottil CMI
Director, BDKS*

Partnerships and Ongoing Projects

Choice Foundation, Hyderabad

Choice Foundation is partnering with BDKS to conduct awareness programmes on **human trafficking**. These activities are currently focused in **Darbha Block** and **Nangur Block** of Bastar.



Kinder Mission Project

The Kinder Mission Project is progressing well. At present, **24 tuition centres** are functioning effectively, benefitting around **200 students** with educational support.





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final phase and is expected to continue for one more year. Currently, all **Self-Help Group (SHG) members** are preparing to form a federation for sustainability and collective strength.

KNH and Christ College Project

The joint project with KNH and Christ College is in its



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 CIA Subcommittee training

Functional Vocational Training and Research Society (FVTRS), Bangalore

With support from FVTRS, skill training programmes are being conducted at **Sangam Bhavan, Jagdalpur**. Trainings include **Tailoring, Computer Education, General Duty Assistance (GDA), E-commerce Marketing, Electrition Digital marketing and Front Office Executive**. So far, **75 students** are undergoing training under this initiative.



DB Tech Project (with SBI Foundation)

In collaboration with **SBI Foundation**, DB Tech is supporting BDKS to provide vocational training in **solar installation and repair**. The course runs for **three months**. Already, **25 students** have been trained, with a **60% placement rate** achieved.



SBI Foundation Support

The **SBI Foundation** has also provided **32 laptops** to BDKS, enabling computer training for local youth. We are deeply grateful for their generous support.



Smile Foundation

The Smile Foundation has agreed to initiate a **village development project**, which is expected to begin in the coming months.

Stockholders Project



The Stockholders Project is active in **10 villages of Nagur Block**, focusing on **community empowerment**. Around **600 people**, primarily women and youth, are benefiting from this initiative.



Jimcolber Foundation

The Jimcolber Foundation continues to support **Asha Ashram**, providing financial assistance for essential grocery items.

Grace Foundation, Kolkata

Grace Foundation provides **timely support** to boarding students at **Mardoom** and **Junawar**, ensuring their basic needs are met.



Events and Support Initiatives

- **Onam Celebration:** On 21 September 2025, the Kerala Samajam celebrated **Onam Festival** at **Sangam Bhavan**, where about **300 people** gathered in joy and togetherness.



- **Educational Support:** This year, BDKS is supporting **five students** from underprivileged families in pursuing higher education.



- **Health Support:** BDKS continues to provide healthcare assistance to the needy in villages. In addition, **daily milk and biscuits** are being



distributed to **60 children under the age of five** to support nutrition and healthy growth.

